



SUMMER SCHEDULE

2017

July 5th–August 24th

732-972-8811



Laurie Hernandez
Olympic Gold & Silver Medalist

Celebrating
43
Years



www.monmouthgymnastics.com

EMAIL: tumble@monmouthgymnastics.com

SUMMER CLASSES	Tues	Wed	Thurs
Parent & Me	10:00	← Located at 300 Bldg →	10:00
Cheer Skills Jumps, Tumbling, Stunts & Conditioning (1 Hour Class)	5:30 Located at 600 Building	Interested in ALL STAR Competition Cheer?	May 21st Try Outs (Ages up to 9) 4:00-6 pm (Ages 10 & up) 6:30-8:30
Little Stars (Ages 3 – 4) Boys & Girls Mixed (50 min class)	4:20 5:30 6:40	4:20 5:30 6:40	4:20 5:30 6:40
Stars (Ages 5 – 7) Boys or Girls (1 Hour Class)	4:20 5:30 6:40	4:20 5:30 6:40	4:20 5:30 6:40
Fireworks (Ages 8 & up) Boys or Girls (1 Hour Class)	4:20 5:30 6:40	4:20 5:30 6:40	4:20 5:30 6:40
Pre-Team Evaluation Required Girls Level: Adv Stars – 1 - 1.5 HR Adv Firework-1.5HR White - 2HRS Red – 2 ½ HRS Boys: Blue – 1 HR Black Jr or Sr – 1.5	4:20 – 5:20 Adv 5:30 – 7:30 White 5:30 - 8:00 Red 5:30 – 7:30 Black	5:30 – 7:00 Adv 5:30 – 7:30 White 5:30 - 8:00 Red	5:30 – 7:00 Adv 5:30 - 8:00 Red 5:30 – 7:00 Black 7:00 – 9:00 White
Tumbling Classes (all levels) Excellent for Dance/Cheer/Gymnastics	4:20 6:40 7:30	4:20 5:30 6:40	7:00 - 8:30 1 ½ HR Advanced (8 & up)
Freestyle Beginner & Advanced	4:20 5:30 6:40	4:20 5:30 6:40	4:20 5:30 6:40